

EXAMPLE COURSE OUTLINE

Transitional Year 2 Term 1

Session 1.1

Theoretical Module: Embarking on the Relationship	1hr30mins
Group Training Supervision	1hr45mins
Process Group.....	45mins

Session 1.2

Professional Framework: Evidence-Based Assessment	1hr30mins
Group Training Supervision	1hr45mins
Process Group.....	45mins

Session 1.3

Professional Framework: CPCAB Agency Service Levels	1hr30mins
Skills Practice	1hr45mins
Process Group.....	45mins

Session 1.4

Theoretical Module: Understanding our own Explicit and Implicit Patterns	1hr30mins
Group Training Supervision	1hr45mins
Process Group.....	45mins

Weekend Workshop 1

Depression and Self-Harm	
Suicide Risk Assessment	12 Hours

Session 1.5

Professional Framework: The Importance of Ethical Practice/ Beginning Client Work and Contracting.....	1hr30mins
Skills Practice	1hr45mins
Process Group.....	45mins

Session 1.6

Professional Framework: Evidence-Based, Reflective Practice	1hr30mins
Group Training Supervision	1hr45mins
Process Group.....	45mins

Session 1.7

Theoretical Module: Understanding and Working with a Client's Explicit and Implicit Patterns	1hr30mins
Skills Practice	1hr45mins
Process Group.....	45mins

Session 1.8

Theoretical Module: Multi-Cultural Understanding: Difference and Diversity 1	1hr30mins
Group Training Supervision	1hr45mins
Process Group.....	45mins

Session 1.9

Professional Framework: Agency Policies and Procedures	1hr30mins
Skills Practice	1hr45mins
Process Group.....	45mins

Session 1.10

Theoretical Module: The Influence of Early Care Giving	1hr30mins
Group Training Supervision	1hr45mins
Process Group.....	45mins

Weekend Workshop 2

Short-Term Counselling.....	12 Hours
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Session 1.11

Theoretical Module: Attachment	1hr30mins
Group Training Supervision	1hr45mins
Process Group.....	45mins

Session 1.12

Professional Framework: Note Taking and Records.....	1hr30mins
Skills Practice	1hr45mins
Process Group.....	45mins

Transitional Year 2 Term 2**Session 2.1**

Theoretical Module: Self-Support for the Counsellor	1hr30mins
Group Training Supervision	1hr45mins
Process Group.....	45mins

Session 2.2

Theoretical Module: Establishing the Frame.....	1hr30mins
Skills Practice	1hr45mins
Process Group.....	45mins

Weekend Workshop 3 (Saturday)

(Suggested) Trainees' Presentations.....	6 Hours
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Session 2.3

Theoretical Module: Ego Psychology.....	1hr30mins
Group Training Supervision	1hr45mins
Process Group.....	45mins

Session 2.4

Theoretical Module: The Client-Counsellor Relationship 1-Dual Relationships.....	1hr30mins
Skills Practice	1hr45mins
Process Group.....	45mins

Session 2.5

Professional Framework: A User-Centred Approach.....	1hr30mins
Group Training Supervision	1hr45mins
Process Group.....	45mins

Session 2.6

Professional Framework: Explicit and Implicit Patterns of Relating and CPCAB Agency Service Levels	1hr30mins
Skills Practice	1hr45mins
Process Group.....	45mins

Session 2.7

Professional Framework: Issues of Power in Relationships	1hr30mins
Group Training Supervision	1hr45mins
Process Group.....	45mins

Session 2.8

Theoretical Module: The Client-Counsellor Relationship 2 - The Importance of Counsellor Failure	1hr30mins
Skills Practice	1hr45mins
Process Group.....	45mins

Weekend Workshop 4

Drugs and Alcohol Grief and Loss	12 Hours
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Session 2.9

Theoretical Module: Understanding Skills, Techniques and Theories.....	1hr30mins
Group Training Supervision	1hr45mins
Process Group.....	45mins

Session 2.10

Theoretical Module: Changing the Frame.....	1hr30mins
Skills Practice	1hr45mins
Process Group.....	45mins

Session 2.11

Professional Framework: Anti-Discriminatory Practice in Counselling.....	1hr30mins
Group Training Supervision	1hr45mins
Process Group.....	45mins

Session 2.12

Professional Framework: Mental Health Issues	1hr30mins
Skills Practice	1hr45mins
Process Group.....	45mins

Transitional Year 2 Term 3**Session 3.1**

Professional Framework: Ending a Counselling Contract.....	1hr30mins
Group Training Supervision	1hr45mins
Process Group.....	45mins

Session 3.2

Theoretical Module: Multi-Cultural Understanding: Difference and Diversity 2.....	1hr30mins
Skills Practice	1hr45mins
Process Group.....	45mins

Session 3.3

Theoretical Module: Using Dream Material	1hr30mins
Group Training Supervision	1hr45mins
Process Group.....	45mins

Weekend Workshop 5

Personal Responses to Mental Illness	
Eating Disorders.....	12 Hours

Session 3.4

Theoretical Module: Dilemmas	1hr30mins
Skills Practice	1hr45mins
Process Group.....	45mins

Session 3.5

Theoretical Module: Working Self-Reflectively and with Evidence-Based Practice	1hr30mins
Group Training Supervision	1hr45mins
Process Group.....	45mins

Session 3.6

Professional Framework: The Concept of Evidence Based Practice and the CORE Tool.....	1hr30mins
Skills Practice	1hr45mins
Process Group.....	45mins

Session 3.7

Professional Framework: Evidence Based Practice -the CORE Tool	1hr30mins
Skills Practice	1hr45mins
Process Group.....	45mins

Session 3.8

Theoretical Module: The User-Centred Approach.....	1hr30mins
Group Training Supervision	1hr45mins
Process Group.....	45mins

Weekend Workshop 6

Anxiety	
Personality Disorders; Psychosis	12 Hours

Session 3.9

Professional Framework: Issues of Safety for the Counsellor.....	1hr30mins
Group Training Supervision	1hr45mins
Process Group.....	45mins

Session 3.10

Theoretical Module: Endings	1hr30mins
Skills Practice	1hr45mins
Process Group.....	45mins

Session 3.11

Professional Framework: Self and Peer Evaluation.....	1hr30mins
Group Training Supervision	1hr45mins
Process Group.....	45mins

Session 3.12

Professional Framework: BACP Accreditation and Continuing	
Professional Development	1hr30mins
Skills Practice	1hr45mins
Process Group.....	45mins